

Living Contemplatively

Retreats, Sabbaticals and Programs
and other opportunities
for nourishing the spiritual
2017

St Joseph's House of
Spirituality
Batehaven

St Joseph's Centre for
Reflective Living
Baulkham Hills

Mary MacKillop Heritage
Centre
East Melbourne

Mary MacKillop Centre
Adelaide
Kensington

St Joseph's Spirituality
and Education Centre
Kincumber South

St Joseph's Centre
Largs Bay

Emmanuel Centre
Launceston

Mary MacKillop Place
North Sydney

The Vale Lodge
Perthville

St Joseph's By The Sea
Williamstown

Sisters of St Joseph Retreat Centres 2017

Information about the Centres and registration

Registration

- **For weekend, 4, 6 or 8 day retreats** please send the application form included in this brochure plus deposit to the appropriate Centre or email/phone Centre for an application form.
- **For sabbaticals, summer and winter schools** please request an application form by emailing frontdesk@stjosephscentre.org.au
- **Sisters of St Joseph of the Sacred Heart** please do not send deposit or payment as Centres will invoice the Congregation.

Retreat Information

See pages 14 - 18.

**January/February
Baulkham Hills**

Cross Cultural Summer School

The Cross Culture Summer School will not be offered this year.

Annie Bond rsj

**25 February
Baulkham Hills
Half Day
\$50**

Jesus...His Life this side of the Grave

A reflection / discussion seminar on the Human Jesus. The focus of this session is to support and enrich one's relationship of faith in Jesus that calls any person to consider just how Jesus handled his life when confronted with the everyday.

Leonard Blahut



3 March - 8 April
Baulkham Hills
5 weeks
\$6250

Retirement for Mission

This sabbatical is suited to those who have recently retired from full time active ministry or intend retiring from such in the near future. This is an opportunity to consider Mission in a new stage of life.

Maria Cimperman rscj and a team of Australia-based presenters.
Coordinator: Lianella Girardi rsj

21 - 28 March
Perthville
6 days
\$550

Praying with St Teresa of Avila

St Teresa of Avila will guide us during this retreat, as well as some insights from St John of the Cross. They will inspire us to respond to God's invitation to ever deepening relationship through their words of wisdom and encouragement.

Moya Unthank rsj

2 - 9 April
Williamstown
6 days
\$575

Life Unfolding

We reflect on the Pascal mystery of the Universe's unfolding in Emergence, Cataclysm and Radiance.

As Teilhard reminds us "The Universe is still coming to be."

We are invited to enter into the Mystery of transformation within us and all around us in creation

Colleen O'Sullivan rsj
and Carmel Crameri rsj

3 - 7 April
Perthville
3 days
\$300

‘But you’, Jesus asked his disciples, ‘who do you say I am?’ – Mk8:29a

This retreat enables retreatants as present day disciples to respond to Jesus’ question, by reflecting on his teachings, the miracles he did and his journey to the Cross, as presented in Mark’s gospel.

Michael Hickey cp

9 - 16 April
Mary MacKillop Place
6 days
\$600

“Minding the Mysteries that Matter”

You are invited to pause in your life and take this unique opportunity to enter more consciously into the celebration of Holy Week’s meaning.

The 3 first days of the week will be in theological reflection on the readings of the week, hymns and images expressing the Paschal Mystery, as well as in private contemplative prayer. The days of the Sacred Triduum will be celebrated with communal prayer in the Chapel and participation in the liturgies of the Triduum.

Virginia Bourke rsj

23 - 30 April
Launceston
6 days
\$500

Directed Retreat

This directed retreat time offers an opportunity for days of silence, evening prayer and daily spiritual direction.

Kathryn Cuthbertson, Jennifer Scally rsj and Mary Hagan rsj

30 April - 7 May
Largs Bay
6 days
\$480

Heart of Earth, Heart of Life, Heart of God

This silent centering prayer retreat offers opportunity to respond to Jesus’ invitation: “Learn from me, I am gentle and humble of heart.”

Tom Gleeson (Priest of Adelaide Archdiocese)

5 - 12 May
Kincumber
6 days
\$600

Directed Retreat

Pat Corbett cssr

5 - 12 May
Kincumber
6 days
\$600

Wisdom Traditions

In this retreat we will immerse ourselves in the Wisdom Tradition as well as draw on the contemporary wisdom of Iliia Delio, Teilhard de Chardin, Thomas Merton, Beatrice Bruteau and others to listen to and discern a response to the wisdom of our heart, in the heart of earth, in the heart of God.

Dr Kerrie Hide

6 May
Baulkham Hills
Half Day
\$50

Jesus...His Life this side of the Grave

IA reflection / discussion seminar on the Human Jesus. The focus of this session is to support and enrich one's relationship of faith in Jesus that calls any person to consider just how Jesus handled his life when confronted with the everyday.

Leonard Blahut

7 - 14 May
Williamstown
6 days
\$575

Amoris Laetitia "The Joy of Love"

In this retreat we contemplate the impact of Pope Francis' document on families and how we hold his understandings in The Joy of Love in our lives and in our church. There will be opportunity for contemplation, silence and Spiritual Direction.

Bernadette Carr

19 - 21 May
Batehaven
Weekend
\$150

Standing on the Shore

A time to reflect on the moods of the sea and its echoes in my life.

Carmel Drew rsj



21 - 28 May
Perthville
6 days
\$550

'We are the ones we are waiting for...'

This retreat will offer time for praying with and savouring some of the truth, beauty and goodness within Judy Cannato's book: 'Field of Compassion'.

Mary Baker rsj

4 - 11 June
Perthville
6 days
\$550

Following Jesus and the God He called 'Abba'

("If God can be called Abba, then everything else is different!" - Denis Edwards). Guided, silent retreat. Morning reflection. Late afternoon communal prayer. Time and space for personal contemplative prayer.

Virginia Bourke rsj

14 - 23 June
8 days
\$730

Directed Retreat

(Choice of two durations. Same end date, different start date.)

OR

Mary Baker rsj or John Hay

16 - 23 June
Kincumber
6 days
\$660

16 - 23 June
Kincumber
6 days
\$600

Praying with St. Hildegard of Bingen

Through pondering on selected writings and illustrations of this remarkable medieval woman, it is hoped that participants will be surprised, inspired and encouraged by her passion for God and sincere Gospel living, and her great insight into God's creation.

Moya Unthank rsj

16 - 18 June
Mary MacKillop
Place
Weekend
\$250/\$120

Contemplative Prayer

This weekend offers a contemplative environment and experience of different prayer practices.

3 - 9 July
East Melbourne
6 days
\$575

Guided Retreat: Travelling Lightly

This retreat will focus on Travelling Lightly in a world of chaos, transition and change. Using insights from Daniel O’Leary, John Main, Joan Chittister and others we will rediscover the art and wisdom of attentiveness and letting go.

Yvonne Harte rsj

3 - 14 July
Baulkham Hills
12 days
\$1210

Acculturation Winter Program

This program is designed for priests and women and men religious who come to Australia for ministry. Topics include an introduction to Australia – the land, its peoples and the Church; Right relationships – women and the Australian Church, integrity in ministry and child protection; and psychological aspects of entering a different culture.

Coordinators: Annie Bond rsj and Brian Vale ssc

9 - 16 July
Baulkham Hills
6 days
\$600

“The Word, beloved Son and Christos”

Reflecting on the Word in the eternal Trinity, human history, the Sacramental energies of our senses and imagination, the living cosmos”. Come and enjoy space to be in the Mystery of the Word, to listen deeply, to open up a new heart and soul for following Jesus and living into God’s will.

Virginia Bourke rsj

9 - 16 July
Baulkham Hills
6 days
\$600

“Go into all the world and proclaim the good news to the whole of creation.” Mk 16:15

This retreat will focus on a prayerful reflection on our role in the new evangelisation, now engaging Christ’s dedicated followers.

Bernard McGrath osb

13 - 18 July
Kincumber
4 days
\$440

The experience of listening

“Awaken our praise and thankfulness for every being that you have made. Give us the grace to feel profoundly joined to everything that is.”, Pope Francis, Laudato Si. Come aside for a four day experience of listening. Experience the opportunity for direction in prayer and guidance for life’s journey.

Pat Corbett cssr

13 - 18 July
Kincumber
4 days
\$440

Spirituality and art

“When you “let go” energies are released in you that put you into the arms of God.” This retreat provides an environment whereby Art, Spirituality and Life intertwine. Come as you are!!

Helen Barnes rsj

24 - 31 July
Kincumber
6 days
\$660

Directed Retreat

Yvonne Parker sgs

24 - 31 July
Kincumber
6 days
\$600

A doorway into oneness

This retreat invites us into a place of deep listening and into the mystery that the deeper I move into the heart of my own being, the deeper I move into the heart of the other and of everything in the universe.

Lianella Girardi rsj and Elaine Smith rsj

13 - 20 August
Williamstown
6 days
\$575

Being Present to Mystery through Music and Art

Through deep listening and through contemplating with a loving gaze, we give expression through art journaling, line, colour and poetry, group sharing and optional personal accompaniment.

**Mary Baker rsj and
Therese Quinn rsj**

14 - 20 August
East Melbourne
6 days
\$575

Directed Retreat

This retreat is an invitation to rest and to be attentive to the Presence of God in one's life. Retreatants will have access to spiritual direction and Eucharist each day.

**Yvonne Harte rsj and
Lynette Young rsj**

**26 August -
3 September**
Largs Bay
5 days + 2 travel
\$550

Walking Earth's Story: Our Story

Travel to the Flinders Ranges, walk Earth's story, contemplating our oneness with All. Shearer's quarters accommodation and shared travel. (Limited special diets)

**Elaine Smith rsj and
Kateri Duke rsj**

**28 August -
1 September**
Kincumber
4 days
\$440

Grandparenting the Faith

"Grandparents are like the wisdom of the family, they are the wisdom of the people." – Pope Francis, October 2013.

Virginia Bourke rsj





8 - 10 September
Batehaven
Weekend
\$150

Look at the Flowers...

A quiet reflective time to become present to the wisdom and joy of a cottage garden.

Carmel Drew rsj

10 - 17 September
Williamstown
6 days
\$575

Directed Retreat

This retreat is an invitation to rest and be attentive to the Presence of God in one's life. Retreatants will have access to spiritual direction each day.

**Yvonne Harte rsj and
Therese Quinn rsj**

17 - 24 September
Launceston
6 days
\$500

The Lord is waiting to be gracious to you

The retreat offers a time to walk with some of the women of the scriptures as they encounter God/Jesus and to experience the God waiting to be gracious to each retreatant.

Carmel Drew rsj

**24 September -
1 October**
Largs Bay
6 days
\$480

Being Present to Mystery

This silent retreat is a process of music and imagery, opening to Mystery. Deep listening, expression through journaling, colour and poetry with group sharing.

**Mary Baker rsj and
Kateri Duke rsj**

**29 September -
6 October**
Kincumber
6 days
\$660

Directed Retreat

David King cp

29 September -
6 October
Kincumber
6 days
\$600

**“he captured me” Phil 3:12
and “for me to live is Christ”
Phil 1:21**

Take time to listen and hear God’s word in your life as you reflect on the Word of God through Paul, man in mission, mystic and Martyr and much more in the earliest Christian communities.

Virginia Bourke rsj

22 - 28 October
Perthville
6 days
\$550

**“Let us turn our faces and look
into the heart of God.”**

Fr Julian Tenison Woods was a prolific letter writer and homilist. In this retreat at Perthville you will be invited to reflect on a selection of his writings in a place he visited many times, and to draw from them the heart of his spirituality.

Dr Marie Crowley

15 - 22 October
Largs Bay
6 days
\$480

**The Journey into the Second
Half of Life**

Guided, silent retreat offering sacred space and time to reflect on life and God’s invitation as one journeys into second half of life.

Lynette Young rsj

15 - 22 October
Batehaven
6 days
\$480

Opening Gates of Wisdom

Walking on the road with Jesus we are invited to ‘integrate the two threads of our life...within and without.’

Carmel Drew rsj



3 - 5 November
Batehaven
Weekend
\$150

Spring Cleaning

Deep within the simplest things life's blessings are waiting to be discovered and treasured.

Carmel Drew rsj

5 - 11 November
Largs Bay
6 days
\$480

Put out into the Deep

This directed, silent retreat is an invitation to be attentive to God's presence in the depths of one's life. Spiritual companionship available.

**Genevieve Ryan rsj and
Dora Maguire rsj**

12 - 19 November
Perthville
6 days
\$550

It is no longer I that live. It is Christ who lives in me. Gal 2:20

An invitation to experience anew our contemplative life in the Spirit and explore how we then transmit that to the world in which we live.

Steve Sinn sj

12 - 19 November
Launceston
6 days
\$500

Directed Retreat

This directed retreat time offers an opportunity for days of silence, evening prayer and daily spiritual direction.

**Kathryn Cuthbertson, Jennifer
Scally rsj and Mary Hagan rsj**

24 - 26 November
**Mary MacKillop
Place**
Weekend
\$250/120

Contemplative Prayer

This weekend offers a contemplative environment and experience of different prayer practices.

**26 November -
3 December
Baulkham Hills
6 days
\$600**

The Camino

A pathway to contemplation, and source of inspiration for the inner work of life's second half.

Along with many who have walked it across the centuries, we will delve into the insights of the mystics, as well as the beauty of Western spiritual music and art, and discover more about how they can contribute to our journey into wholeness.

Sue Kane

**26 November -
3 December
Baulkham Hills
6 days
\$600**

'Awakening anew to the creative vitality of our abundant and exuberant God'

The retreat will be a time of being 'present to the Mystery', entering anew the rich themes of Advent through gentle contemplative practices from the work of such great teachers as - John Philip Newell, Cynthia Bourgeault, Thich Nhat Hahn and Helen Bonny (founder of the modality: 'Guided Imagery and Music')

Mary Baker rsj

Other Events

Advent

Mary MacKillop Place

Lessons and Carols

See www.marymackillopplace.org.au for details.

8th of month except Sundays

Kensington

Honouring and Praying with St Mary MacKillop Mass at 10:30am followed by morning tea. Evening Reflection: 5:45 – 6:30 pm. Opportunity to learn more about the early Josephite story and pray about our world's needs. **Catherine Clark rsj**

Per website

Mary MacKillop Place

Lectio Divina – Scripture Reflection

See www.marymackillopplace.org.au for details.

Retreat Information and Costs



Batehaven on the South Coast of NSW

Attention: Retreats

St Joseph's House of Spirituality and Hospitality

12 David Avenue, Batehaven NSW 2536

Phone: 02 4472 4021 or 02 4472 7063

Email: Judith.mills@sosj.org.au

Six day retreats begin with a 6pm meal on the first date and conclude with breakfast on the last date. Retreat weekends begin with 6pm meal on the first date and conclude after lunch on the final date.

\$480 for six day retreat - Weekends \$150

Non-refundable Deposit \$50. Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.



Baulkham Hills Sydney NSW

Attention: Retreats

St Joseph's, 64 MacKillop Drive, Baulkham Hills

PO Box 7386 Baulkham Hills BC NSW 2153

Phone: 02 9634 2317 Fax: 02 9899 4229

Email: frontdesk@stjosephscentre.org.au

Website: www.stjosephscentre.org.au

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

\$1,210 for Acculturation Winter Program.

\$600 for six day guided retreats. Non-refundable deposit \$50

Cheques payable to Spirituality Ministry of the Sisters of St Joseph. EFTPOS facilities available.



East Melbourne Victoria

Attention: Retreats

Mary MacKillop Heritage Centre

362 Albert Street, East Melbourne VIC 3002

Phone: 03 9926 9300 Fax: 03 9926 9330

Email: admin.mmhc@sosj.org.au

Website: www.mmhc.org.au

Retreatants are requested to arrive after 11am
and in time for lunch at 12.30pm.

Departure time is between 10am and 12 noon
the following Sunday.

There are 6 places for each retreat.

Cost \$575. Non- refundable deposit \$75

Cheques payable to Trustees of the Sisters of St Joseph
of the Sacred Heart.



Kensington Adelaide

Attention: Rebecca Reiner

Mary MacKillop Centre Adelaide

4 High Street, Kensington SA 5068

Phone: 08 8130 5900

Email: infos@sosj.org.au

Website: www.marymackillopadelaide.org.au

or post to PO Box 57, Kent Town 5071



Kincaumber South Central Coast NSW

Attention: Retreats

St Joseph's, 8 Humphrey's Rd, Kincaumber South NSW 2251

Phone: 02 4368 2805 Fax: 02 4368 3849

Email: bookings@stjosephsretreat.org.au

Website: www.stjosephskincaumber.org.au

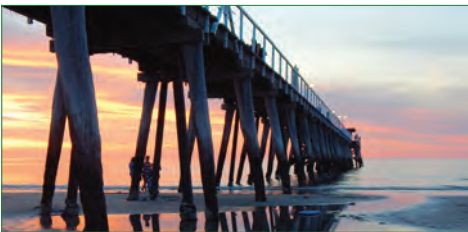
The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

Directed retreats \$730 for 8 day or \$660 for 6 day.

Guided retreats \$600 for 6 day or \$440 for 4 day.

Non-refundable and non-transferrable deposit \$50

Cheques payable to Spirituality Ministry of the Sisters of St Joseph. Credit card facilities available.



Largs Bay Adelaide

Attention: Retreats

St Joseph's Centre, 1 Everard St, Largs Bay SA 5016

Phone: 04 1883 4114

Email: kateri.duke@sosj.org.au or post to Kateri Duke rsj

8 Wigley St, Largs Bay SA 5016

There are 12 places available on each retreat

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

Cost \$ 480 - Non-refundable deposit \$50

Please note additional costs for Flinders Ranges retreat

Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.



Launceston Tasmania

Attention: Retreats

Emmanuel Centre, 123 Abbott St, (PO Box 147)
Newstead, Tasmania 7250 Phone: 03 6334 1082

Email: jenny.scally@sosj.org.au

Website: www.emmanuelcentre.org.au

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

Cost: \$500

Persons wishing to make a private retreat may contact the Emmanuel Centre to arrange a suitable time. Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.



North Sydney NSW - Attention: Retreats

Mary MacKillop Place

PO Box 1081 North Sydney NSW 2059
Phone: 02 8912 4818 Fax: 02 8912 4835

Email: mmp.ministries@sosj.org.au

Website: www.marymackillopplace.org.au

Holy Week Retreat: \$550 Non-refundable deposit: \$50

Cost for weekend retreats: \$250

Cheques payable to Mary MacKillop Place.



Perthville NSW - Attention: Retreats

The Vale Lodge, Tension Woods Ave, Perthville NSW 2795

Phone: 02 6337 2946

Email: thevalelodge@sosj.org.au

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

Cost: \$550. Non-refundable deposit: \$50

Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.



Williamstown Melbourne

Attention: Retreats

Saint Joseph's By the Sea

16 Esplanade, Williamstown, VIC 3016

Phone: (03) 9397 6012 or (03) 9397 0344

email: admin.sjbtsw@sosj.org.au

Forward applications to:

Retreat Co-ordinator, Mary MacKillop Heritage Centre
362 Albert St, East Melbourne

Retreatants are requested to arrive in time for evening meal on the Sunday 7.30pm. Departure time is before 10.00am on the following Sunday. There are 6 places for each retreat.

Cost \$575 - Non-refundable deposit \$75

Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.

Application for Retreat

Name: _____

Address: _____

_____ P/Code _____

Phone: _____

Fax: _____

Email: _____

Retreat Selected *(Please tick)*

- | | |
|-------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> <i>Batehaven</i> | <input type="checkbox"/> <i>Largs Bay</i> |
| <input type="checkbox"/> <i>Baulkham Hills</i> | <input type="checkbox"/> <i>Launceston</i> |
| <input type="checkbox"/> <i>East Melbourne</i> | <input type="checkbox"/> <i>North Sydney</i> |
| <input type="checkbox"/> <i>Kensington</i> | <input type="checkbox"/> <i>Perthville</i> |
| <input type="checkbox"/> <i>Kincumber South</i> | <input type="checkbox"/> <i>Williamstown</i> |

Title: _____

Dates ____/____/____ to ____/____/____

Cost: _____

**Please return application form
to the relevant Retreat Centre
with non-refundable deposit.**



Sisters of Saint Joseph

of the Sacred Heart