



2019 Programme

Attentive to:

The Sacred

The Evolving Universe

Relationships of Compassion

Retreats

Prayer & Spirituality

Sessions exploring what we mean by the new cosmology

....and more



Supporting the UN Year of Indigenous

16 Esplanade Williamstown

Retreats

Guided Retreats

From Stardust to Consciousness

Anne Boyd csb & Carmel Crameri rsj

7th—14th April

Cost: \$675

A contemplative journey through the writings of Elizabeth Johnson. We will explore the unfolding story of creativity in which chaos and transformation are embedded. Local, seasonal and vegetarian meals will feature during the retreat, drawing us into Earth's nourishment

Befriending the Beauty of Your Own Soul

Lynette Young rsj

12th —19th May

Cost: \$675

A time to ponder and open our lives to a spirituality that will sustain us during the second half of our lives, to enjoy our heart's desire, to draw alongside the mystery we hold as the beloved of God.

Missionary Discipleship Today with the Women of the Fourth Gospel

Therese Quinn rsj

16th —23rd June

Cost: \$675

In Paragraph 120 of *Evangelii Gaudium* (Joy of the Gospel) Pope Francis uses the Samaritan Woman as a model of a missionary disciple. We will also reflect on the missionary discipleship and leadership roles of Martha and her sister, Mary of Bethany and Mary of Magdala and consider how we are called to go forward joyfully as missionary disciples today.



The Garden

Therese Quinn rsj

15th - 22nd September

Cost: \$675

The garden: place of intimacy. Exploring the symbolism of the garden especially in the Book of Genesis, the Song of Songs and the Gospel of John.

A Contemplative Journey

Moya Unthank rsj

13th—20th October

Cost: \$675

Drawing on the writings of the classical mystical tradition and of contemporary spiritual writers, the reflective experiences of these days will hopefully inspire an ever deepening journey of contemplative prayer and contemplative living.

Directed Retreats

11th —1th August

Mary Baker rsj & Therese Quinn rsj

Cost: \$675

This directed retreat offers the opportunity for days of silence and daily spiritual direction in a contemplative environment.

10th—17th November

Anne Hubbard & Therese Quinn rsj

Cost: \$675

This directed retreat offers the opportunity for days of silence and daily spiritual direction in a contemplative environment.

Bookings

Contact MMHC by email at admin.mmhc@sosj.org.au



Other Offerings

Spirituality and the Enneagram

Jenny Scally rsj

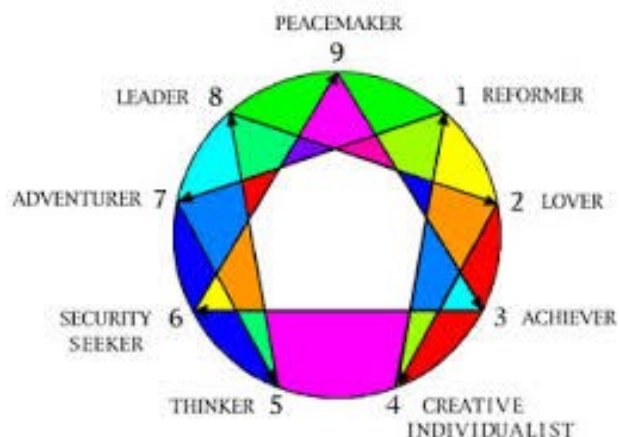
Cost for residential Retreat: \$240

Cost for non residential: \$130

9.00am Saturday 8th June—3.30pm Sunday 9th June

Using the wisdom of the Enneagram we will explore how the centre you live from: head, heart or body affects your spiritual life and your approach to God.

Come and explore how the Enneagram can enhance your relationship with God.



Walking a Labyrinth and Discovering prayer.

Rita Malavisi rsj

BYO lunch

10.00am—4.00pm Saturday 4th May

A labyrinth has only one path inwards, and then, by reversing, the same path leads you back out again. It becomes a spiritual journey on many levels, leading the person inward to their own centre, and then back out into the world. In this day, you will be introduced to labyrinths through history, actually walking a Chartres-style labyrinth, as well as learning how to create your own temporary labyrinths and taking home a finger labyrinth that you



Christ in the Wilderness Meditations for Lent

Tuesdays in **Lent**, from 7.30-8.30pm

- 7 March** Full of the Holy Spirit, Christ is led into the Wilderness (Luke 4:1)
- 14 March** Temptations (Luke 4: 2-13)
- 21 March** Foxes have holes, the Son of man has nowhere to lay his head. (Luke 9:58)
- 28 March** Nothing shall hurt you ... (Luke 10:18)
- 4 April** Consider the flowers.. Look at the birds .. (Luke 12:22-31)
- 11 April** How often have I desired to gather your children together as a hen gathers her brood under her wings and you were not willing. (Luke 13:34)



Stanley Spencer ...
"as a hen gathers her brood"
(Luke 13:34)

What is God Asking of Us in Australia At This Time? What Moves Us?

18th April CONTEMPORARY ART OF THE LAST SUPPER —A PLACE AT THE TABLE

Slide Presentation

Therese Quinn rsj

1.30—3.00pm (only)

23rd May TWO SELECTIONS

We need to find time within ourselves to explore meaning and beauty. Writers and artists challenge us by offering space to do this.

1.30pm **Live music is an oasis in a world of cyber communications and technology.** *David Taig* and friends **present music** in the Chapel Room

7.30pm **Busy lives and full calendars do not guarantee fulfilled lives.** *Michael McGirr*, writer and teacher, shares his reflections.



Graham Murdoch ...
"Juggling Jesus"



27th June **EXPRESSIONS OF SPIRITUALITY THROUGH THE**
PERFORMING ARTS **Discussion** *Jacinta Chute*

Session held at 1.30pm and repeated at 7.30pm

22nd August **ART, WOMEN AND MODERN**
DAY SPIRITUALITY

Josephine Cafagna hosting a panel with
Giovanni Farquer rsj and Anmaree Iaccarino

Session held at 1.30pm and repeated at 7.30pm

26th September **WHAT IS GOD ASKING OF CHOIRS**
OR MUSICIANS AT THIS TIME?

Jan Maine & Angela Pezzano

How can music or choirs in our liturgies help us respond to
this question?

Session held at 1.30pm and repeated at 7.30pm

24th October

HOW CAN WE JOYFULLY RECEIVE THE CONTRIBUTIONS OF OUR INDIGENOUS SISTERS AND BROTHERS?

Sherry Balcombe and Vicki Clark

“The Church herself in Australia will not be the church Jesus wants her to be until you have made your contribution to her life and **until that contribution has been joyfully received by others.**” *Pope John Paul 11 Uluru 1986*

Sharing of resources and Ideas.

Session held at 1.30pm and repeated at 7.30pm

21st November A LOCAL RESPONSE

An exhibition of local responses to the questions:
What is God asking of us in Australia at this time?
What moves us?



Session held at 1.30pm and repeated at 7.30pm

The Centre is available for bookings, offering conference facilities for groups from 4—50 people. Kitchen and dining facilities guarantee comfort for all guests. En-suite accommodation is available for up to six people.

Prices on application.

Contact admin.sjbtsw@sosj.org.au or 9397 6012

Joy of the Gospel (*Evangelii Gaudium*)

(Year C The Year of Luke) Lectio Divina prayer, praying the scripture contemplatively as living word for us all today will be held on Tuesdays from 7.30—8.30pm. All welcome!

7 May	<i>Martha and Mary</i> (Luke 10:38-42)
4 June	<i>Elizabeth</i> (Luke 1:39-56)
6 August	<i>Unnamed Penitent Woman</i> (Luke 7:36-50)
10 Sept	<i>Mary</i> (Luke 1:46-56)
8 Oct	<i>Anna the Prophetess</i> (Luke 2:36-38)
19 Nov	<i>Mary of Magdela</i>



“Visitation” Therese Quinn



Library

Books may be borrowed from the
SJ BTS library
on Thursday mornings

Let's Be Crafty

Craft mornings will be offered once a month.

A mixture of teaching and BYO craft is being offered.

Come to *St Joseph's By The Sea* on the first Thursday of the month from 10.00am till 12.00pm.

RSVP two days prior.



Ecology-focused *Shift in Consciousness*

What do we mean by The New Cosmology?

Each month, from 7.00pm-8.30pm, we invite your participation in conversation, discovery and awakening as we look at the new world view of our times using up to date YouTube clips, readings and other stimulus material.



Facilitator *Carmel Crameri rsj*

The third Wednesday of the month:

20 March	17 April	22 May
19 June	21 August	18 Sept
16 October	20 November	

Earth Rituals

Earth Rituals and prayers help us to celebrate the interconnectedness of all that is. Margie Abbott and Carmel Crameri facilitate these rituals. All are welcome to bring a contemplative stance as each ritual is created out of participants' reflections, ideas, thoughts, actions and poetry.

Earth Rituals are held on Saturdays from 11.00am till 1.00pm.

Dates:

9 February

16 March

13 April

25 May

29 June

3 August

14 September

9 November

BYO lunch to share. **Gold coin donation.**





Conference Centre

Facilities for hire

Contact Centre on 9397

Our Shop

We sell locally hand-made products to support the work of this Centre. Feel free to browse whenever you visit!



6012 or admin.sjbtsw@sosj.org.au

A decorative banner with a blue and white wavy pattern and a brown branch with white flowers.

16 Esplanade Williamstown